



NEPHROLOGY • DIALYSIS • HYPERTENSION • TRANSPLANTATION

(Certified Diplomate of the American Board of Internal Medicine and Nephrology)

(**Board Certified Specialist in Hypertension)

Rafael C. Esquenazi, MD**, FACP, FASN

Mary A. Washington, MD, FACP

Ather R. Khokhar, MD

NEW PATIENT/ UPDATED MEDICAL INFORMATION

Last _____ First _____ Initial _____ Today's Date ____ / ____ / ____
SS# ____ / ____ / ____ Birthdate ____ / ____ / ____ Male Female
Date of last physical examination _____ Age _____
What is the reason for today's visit? _____

MEDICATIONS

List all medications & dosage you are currently taking.
Include prescription, OTC, & herbal.

Are there any medications which you stopped taking in the past month?
Yes No
If yes, list _____

Are you currently taking Aspirin, Advil or Motrin?
Yes No
If yes, how often? _____

ALLERGIES

List any allergies to medications.

List all environmental & food allergies.
Describe your reactions to each.

Allergies	Reaction

FAMILY HISTORY

Check any condition(s) associated with your family history and list the relationship.

- | | |
|--|--|
| <input type="checkbox"/> Arthritis _____ | <input type="checkbox"/> Kidney Cancer _____ |
| <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Kidney Disease _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Kidney Stones _____ |
| <input type="checkbox"/> Chemical Dependency _____ | <input type="checkbox"/> Liver Disease _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Obesity _____ |
| <input type="checkbox"/> Gout _____ | <input type="checkbox"/> Prostate Cancer _____ |
| <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Stroke _____ |
| <input type="checkbox"/> High Blood Pressure _____ | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Hypertension _____ | |

HOSPITALIZATIONS

Year	Surgeries	Reason for Hospitalization & Outcome
Year	Serious Illness/Injuries	Outcome

Have you ever had a blood transfusion? Yes No

If yes, please give approximate dates _____

IMMUNIZATION HISTORY

Tetanus _____ Date _____
 Hepatitis A _____ Date _____
 Hepatitis B _____ Date _____
 Pneumovax _____ Date _____
 Pneumococcal _____ Date _____

HEALTH HABITS

Please check the areas that apply. If yes, please indicate frequency.

Smoke Yes No _____
 Tobacco Yes No _____
 Alcohol Yes No _____
 Drugs Yes No _____
 Caffeine Yes No _____
 Exercise Yes No _____

CONDITIONS

- | | | |
|--|---|---|
| <input type="checkbox"/> AIDS | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Mononucleosis |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Goiter | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Pacemaker/Defibrillator |
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Gout | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Prostate Problem |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Hepatitis _____ | <input type="checkbox"/> Psychiatric care |
| <input type="checkbox"/> Bladder Infection | <input type="checkbox"/> Hernia of _____ | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Herpes | <input type="checkbox"/> Sexually Transmitted Disease |
| <input type="checkbox"/> Bowl Obstruction | <input type="checkbox"/> High Blood Pressure (Hypertension) | <input type="checkbox"/> Stomach Ulcers |
| <input type="checkbox"/> Bulimia | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Cancer of _____ | <input type="checkbox"/> HIV Positive | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Lung Disease | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Miscarriage | |

SYMPTOMS

GENERAL

- Anxiety
- Depression
- Dizziness
- Fainting
- Fatigue
- Fever
- Forgetfulness
- Headache
- Heat/cold intolerance
- Loss of consciousness
- Loss of sleep
- Loss of weight
- Nervousness
- Numbness
- Sweats
- Swollen glands
- Weight gain
- Weight loss

GASTROINTESTINAL

- Abdominal pain
- Poor Appetite
- Bloating
- Bowel changes
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Heartburn
- Hemorrhoids
- Nausea
- Rectal bleeding
- Stomach pain
- Vomiting
- Vomiting blood

- Loss of balance
- Nosebleeds
- Pain
- Persistent cough
- Ringing in ears
- Room spins
- Sinus problems
- Swelling of extremities
- Vertigo
- Vision-Flashes
- Vision-Halos

RESPIRATORY

- Coughing blood
- Difficulty breathing with exertion
- Persistent cough
- Shortness of breath
- Wheezing

MUSCLE/JOINT/BONE

Pain, swelling, weakness, numbness in:

- Arms
- Back
- Feet
- Hands
- Hips
- Legs
- Neck
- Shoulders

GENITOURINARY

- Blood in urine
- Burning
- Frequent urination
- Lack of bladder control
- Nighttime urination
- Painful urination
- Penile discharge

CARDIOVASCULAR

- Chest pain
- High blood pressure
- Irregular heart beat
- Low blood pressure
- Palpitations
- Poor circulation
- Rapid heart beat
- Swelling of ankles
- Varicose veins

EYE, EAR, NOSE, THROAT

- Bleeding gums
- Blurred vision
- Changes in hearing
- Difficulty swallowing/chewing
- Double vision
- Dry eye
- Glasses/contacts
- Hay fever

SINUS PROBLEMS

- Sinus headaches
- Sinus infections
- Sinus pressure

SKIN

- Burning
- Jaundice
- Lesions
- Rash
- Sores

ADDITIONAL CONDITIONS

- Blood clots
- Breast lumps or discharge
- Poor circulation of legs
- Thrombophlebitis
- Recent fractures: _____

OCCUPATIONAL

- Full Time
- Part Time
- Retired
- Unemployed

Check if your work exposes you to the following:

- Stress
- Heavy Lifting
- Hazardous Substances
- Other _____

Occupation: _____

PATIENT AUTHORIZATION

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

Patient/Guardian Signature _____ Date _____

Reviewed By _____ Date _____